



Employee Discount

Chineham Park has partnered with Fitness First Basingstoke to offer you exclusive employee discount.

Fitness First Basingstoke,
Spindlewood, Chineham Business Park,
Stag Oak Lane, Basingstoke, RG24 8NN

Telephone: 01256 247105
Email: basingstoke@fitnessfirst.co.uk

Put your ***Fitness First*** »

Whether you're looking to tone up, slim down or simply improve your overall fitness levels, Fitness First Basingstoke will help you achieve your fitness goals. With unrivalled facilities and group classes to suit every workout style, you'll be setting your personal best in no time.

We are conveniently located in Chineham Business Park, making it easier than ever for you to fit a workout around your busy lifestyle. From weight training in the morning, a quick spin class over lunch, or an evening working with one of our experienced personal trainers.

Please contact the Fitness First Basingstoke team for more information.